

NH COMMUNITY MENTAL HEALTH CENTERS

REGION	NAME	ADDRESS	PHONE	EMAIL/WEBSITE
1 CONWAY	Northern Human Services*	87 Washington Street Conway, NH 03818	603-447-3347	www.northernhs.org
2 LEBANON	West Central Behavioral Health	9 Hanover Street, Suite 2 Lebanon, NH 03766 <i>Multiple locations in Claremont and Lebanon</i>	603-448-0126 Emergency Only: 1 (800) 564-2578	www.wcbh.org
3 LACONIA	Genesis Behavioral Health	111 Church Street Laconia, NH 03246	603-524-1100 Emergency Only: 603) 528-0305 Plymouth Office: (603) 536-1188	www.genesisbh.org info@genesisbh.org
4 CONCORD	Riverbend Community Mental Health Center	278 Pleasant Street Concord, NH 03301	603-228-1600 Emergency Only: 1 (800) 852-3323	www.riverbendcmhc.org inquiries@riverbendcmhc.org
5 KEENE	Monadnock Family Services	17 93rd Street Keene, NH 03431	603-357-4400	
6 NASHUA	Greater Nashua Mental Health Center	7 Prospect Street Nashua, NH 03060	603-889-6147 Emergency Only: 1 (800) 762-8191	www.gnmhc.org
7 MANCHESTER	Mental Health Center of Greater Manchester	401 Cypress Street Manchester, NH 03103	603-668-4111	www.mhcgm.org
8 PORTSMOUTH	Seacoast Mental Health Center	1145 Sagamore Avenue Portsmouth, NH 03801 30 Prospect Avenue Exeter, NH 03833	603-431-6703 603-772-2710	www.smhc-nh.org
9 DOVER	Community Partners	113 Crosby Road, Suite 1 Dover, NH 03820	603-516-9300	www.dssc9.org inquiry@bhdssc.org
10 SALEM	Center for Life Management	44 Stiles Road Derry, NH 03079 218 East Road Hampstead, NH 03841	603-893-3548 603-434-1577 Emergency After Hours: 603-432-2253	www.centerforlifemanagement.org

REGION 1 - CONWAY

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Good Beginnings	240 South Main Street PO Box 1620 Wolfeboro, NH 03894	569-2729	www.vnahospice.net/maternal_child_health.htm Email: intake@vnahospice.net	Free, trained volunteer home visiting support for anyone expecting or who has a newborn
Northern Human Services*	87 Washington Street Conway, NH 03818	603-447-3347	www.northernhs.org	
Virginia Rockhill, PhD		528-6001		

REGION 2 - LEBANON

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Good Beginnings of the Upper Valley	P.O. Box 5054, West Lebanon, NH 03784	603-298-9524	www.goodbeginnings.net/uppervalley/	Free, trained volunteer home visiting support for anyone expecting or who has a newborn
Good Beginnings of Sullivan County	169 Main Street, Claremont, NH 03743	603-542-1848	www.sullivancounty.goodbeginnings.net/	
Elizabeth LaRusso, MD	One Medical Center Drive Lebanon, NH 03756	603-650-7075		Psychiatry – DHMC
West Central Behavioral Health	9 Hanover Street, Suite 2 Lebanon, NH 03766	603-448-0126 Emergency Only: 1 (800) 564-2578	www.wcbh.org	Multiple locations in Claremont and Lebanon
Women's Resource Center at DHMC	One Medical Center Drive Lebanon, NH 03756	603-650-2600	www.dhmc.org	Fourth Trimester Support/Social Group This informal, free group meets every Thursday morning from 10:00 am – 12:00 pm at the Women's Health Resource Center. Provides new moms and babies with an opportunity to get together, make new friends, share, and get questions answered.

REGION 3 - LACONIA

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Genesis Behavioral Health	111 Church Street Laconia, NH 03246	603-524-1100 Emergency Only: 603) 528-0305 Plymouth Office: (603) 536-1188	www.genesisbh.org info@genesisbh.org	
Elizabeth Lachapelle, PhD		603-536-5223		

REGION 4 - CONCORD

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Steve Arvin, ARNP		224-0863		Psychiatric evaluation, medication mgmt
Vicky Compitello, PhD		228-3862		
Pat Dahme, ARNP		225-2985		Psychiatric evaluation, medication mgmt
Carol Hovey, MSW		225-2985		
Riverbend Community Mental Health Center	278 Pleasant Street Concord, NH 03301	603-228-1600 Emergency Only: 1 (800) 852-3323	www.riverbendcmhc.org inquiries@riverbendcmhc.org	
DeeDee Souza, MSW		224-8977		Also has practice in Manchester
Patricia Wilczynski, MA		224-0600		
Womankind Counseling	21 Green St Ste 2 Concord, NH 03301 250 Pleasant Street Concord, NH 03301	225-2985		
Linda Zollo, Ph.D.	57 School St. Concord, NH 03301	223-0800		

REGION 5 - KEENE

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Priscilla F. Cutler, MSW, LICSW, BCD (contact person)	452 Old Street Rd. Peterborough, NH 03458	603-924-4699 x1140	Priscilla.cutler@mchmail.org	Clinical intake coordinator for Monadnock Behavioral Health
Lucy Doherty, LICSW	Monadnock OBGYN 454 old Street Road, Suite 302 Peterborough NH 03458	603 924 9444	ledmhd@myfairpoint.net	Specializes in maternal mental health
Dr. Michele Gunning	452 Old Street Rd. Peterborough, NH 03458	603-924-4690	Michele.gunning@mchmail.org	Psychiatry – Monadnock Behavioral Health
Jeffrey Haines, MD	Peterborough	603-924-6774		
Amanda Houle, PsyD	590 Court Street Keene, NH 03431	603-354-5400	ahoule@antioch.edu	Pregnancy Wellness Center Cheshire Medical Center/Dartmouth- Hitchcock Keene
Monadnock Family Services – Eastern Region Office	9 Vose Rd. Suite 120 Peterborough, NH 03458	603-924-7236	Please contact by phone. Email screened per HIPPA reg.	Attn: Tricia Jalbert, MA Outpatient clinician
Monadnock Family Services	17 93rd Street Keene, NH 03431	603-357-4400		
Monadnock Regional Pediatrics	454 Old Street Rd. Peterborough, NH 03458	603-924-7101		Drs. Jeffrey Boxer, Suzanne Schoel, Gregory Kriebel, Lara Scheinblum, James Hurley, Adele Devera
Pat O'Connell, RN, M.Ed, IBCLC	452 Old Street Rd. Peterborough, NH 03458	603-924-7191 x4174	Pat.o'connell@mchmail.org	Parent Education Coordinator (new Mom's group) Perinatal Loss Coordinator Certified Lactation Consultant
Reverend Daniel Osgood	12 Depot Dr. Greenfield, NH 03047	603-547-3626	pastor@greenfieldchurch.org	Chaplain/Pastor Greenfield Congregational Covenant Church
Marsha Pabo, MD	103 Roxbury St Suite 306 Keene , NH - 03431	603-357-3330		
Reverends Adrian and Sara Robbins-Cole	51 Concord St. Peterborough, NH 03458	603-924-3202	Sara.robbinsscole@yahoo.com	Rectors All Saints Episcopal Church
Dr. Mark Stevens	452 Old Street Rd. Peterborough, NH 03458	603-924-4690	Mark.stevens@mchmail.org	Psychiatry – Monadnock Behavioral Health
Madeline Ulrich	64 Main Street Keene, NH 03431	603-283-1530 603-357-4400	Mullrich@mfs.org	Monadnock Family Services
Sharon Walker, PsyD.	103 Roxbury St Suite 203 Keene , NH - 03431	603-352-1452		

REGION 6 - NASHUA

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Greater Nashua Mental Health Center	7 Prospect Street Nashua, NH 03060	603-889-6147 Emergency Only: 1 (800) 762-8191	www.gnmhc.org	
Erin Crail, LCMHC	71 Spit Brook Road Suite 102 Nashua, NH 03060	(978) 827-0906		
Donna Hastings, PsyD	579 Daniel Webster Highway Merrimack, NH 03054 □	429-7190 429-1190		
Nashua Pastoral Care Center	12 Concord St. Nashua, NH	603-595-5494	www.nashuanpcc.org	A 2 year, 2 phase residential program for homeless women that can accommodate up to 10 families at a time.

REGION 7 - MANCHESTER

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Bella Birth Doula	27 Green Rd. Amherst, NH 03031	930-6644	www.bellabirthdoulas.com	
Birthroots Doulas	170 South Rd. Deerfield, NH 03037	401-7612	www.birthroots.org	Allison Connor, CD (ALACE)
Leigh Bryant, LICSW	9 Baldwin Lane Bedford, NH 03110	472-5279		*** Practice is adjacent to her private home; use judgment with the appropriate nature of the referral
Amy Chouinard, LCMHC	Perinatal and Women's Mental Health Counseling 202 Main Street Suite G-2 Salem, NH	233-4963 Fax: 458-1879	www.postpartumnh.com	Out-of-network provider for insurance coverage.
Tracy Coulon, LICSW	Elliot Behavioral Health 445 Cypress St. Suite 8 Manchester, NH 03103	668-4079	www.elliospital.org	If patients do not have an Elliot primary care provider, they can call the Postpartum Support Program, and Alison can facilitate the referral (663-8927).
Shawne Diaz, MA, LCMHC	Elliot Behavioral Health 445 Cypress St. Suite 8 Manchester, NH 03103	668-4079	www.elliospital.org	
Laura L. Duncan, LICSW Northbridge Counseling, PLLC	172 Route 101 Unit 26 Bedford, NH 03110	P: 836-0376 F: 836-0377	laura.duncan@northbridgecounseling.com	
Elliot Hospital Postpartum Emotional Support Program Contact: Alison Palmer, MS, WHNP-BC	One Elliot Way Manchester, NH 03103	663-8927	www.elliospital.org	The group meets weekly on Mondays 10:30 AM – 12:00 PM. in the activity room of the Elliot Childcare Center, located on the Elliot Hospital campus at 450 Massabesic St., Manchester, NH. Parking is available in the circular driveway in front of the daycare center or in the parking lot. Babies are welcome and sessions are free.
Christine Miller, M.Ed.	201 Riverway Place Bedford, NH 03110	668-8400		Practice within Bedford Commons OBGYN
Mental Health Center of Greater Manchester	401 Cypress Street Manchester, NH 03103	668-4111	www.mhcgm.org	
NH Minority Coalition	25 Lowell St. 3 rd Floor Manchester, NH 03101	627-7703	www.nhhealthequity.org	Wanda Castillo-Diaz, Bright Start Coordinator. Educates limited-English proficient pregnant and parenting women in their homes, focusing on the developmental stages of their infants. Services include regular home visits, nurse visits and bilingual support to establish links to community services & resources.
Faith Minard, ARNP	Elliot Behavioral Health 445 Cypress St. Suite 8 Manchester, NH 03103	668-4079	www.elliospital.org	Psychiatric nurse practitioner. Med management and counseling. *If pt does not have an Elliot PCP, call Alison Palmer to facilitate referral 663-8927.
Heidi Page, MSW	Full Spectrum Wellness 55 South Commercial St. Manchester, NH 03101	296-0830	www.fullspectrumwellness.com	Solution focused brief therapy, strengths perspective, holistic, cognitive restructuring
Dee Dee Souza, MSW	753 Chestnut St. Manchester, NH 03104	668-0660		Also has practice in Concord
VNA Parent-Baby Adventure		647-7090		

REGION 8 - SEACOAST

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Carla Contarino, PhD	165 Charles St. #11 Rochester, NH 03867	332-4004		
Families First Resource Center	100 Campus Drive, Suite 12, Portsmouth, NH 03801	603) 422-8208	www.familiesfirstseacoast.org	Community health center and family resource center serving the Seacoast region of New Hampshire and Southern Maine, with affordable primary health care for all ages, parenting and family programs, prenatal care, dental care and mobile health care for the homeless.
Regina Kelley, ARNP	66 Main St. Plymouth, NH 03264	603-536-1020		
Patricia Kinkare, MD	55 Lafayette Rd # 3 North Hampton, NH 03862	603-964-4869		
Lisa Norris, ARNP	20 Ladd St. Portsmouth, NH 03801	603-430-8900		
Seacoast Mental Health Center	1145 Sagamore Avenue Portsmouth, NH 03801 30 Prospect Avenue Exeter, NH 03833	603-431-6703 603-772-2710	www.smh-c-nh.org	

REGION 9 - DOVER

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Community Partners	113 Crosby Road, Suite 1 Dover, NH 03820	603-516-9300	www.dssc9.org inquiry@bhdssc.org	

REGION 10 - SALEM

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Center for Life Management	44 Stiles Road Derry, NH 03079 218 East Road Hampstead, NH 03841	603-893-3548 603-434-1577 Emergency After Hours: 603- 432-2253	www.centerforlifemanagement.org	

CENTRAL VERMONT

NAME	ADDRESS	PHONE	EMAIL/WEBSITE	NOTES
Good Beginnings of Central Vermont	1406 West Hill Road, Northfield, Vermont, 05663	(802) 485-8430	www.centralvt.goodbeginnings.net/ Email: snevin@tds.net	